



Boys Summer Practice Schedule

Dead Week July 8-14 (No Practices/ No Weights)

Boys Sports-

JV Weights – Tues, Wed, Thurs 8am-9:30am - Starting May 29 - No weights July 4

Varsity Weights – Tues, Wed, Thurs 6:45-8am – Starting May 29 No weights July 4

JV Basketball – Start June 5th Tues, Wed, Thurs 10-12

JV Boys Camp @MRA Jun 11-14

Varsity Basketball – Start June 5th Tues, Wed, Thurs 8-10

Football - July 24th First official day of practice